

### T01 100m ICE Heats (Boys)

Meeting Record: 10.93 - Deji Tobias (Beds) 01/06/08

Heat 1 Wind: +2.0 m/s

Posn	Bib	Athlete/Club	Perf	
1	10	Dom ASHWELL Hertfordshire	11.14	Q
2	9	Gabriel YIADOM Essex	11.15	Q
3	12	Mohamed TAMBEDOU Hertfordshire	11.15	Q
4	5	Owen KING Cambridgeshire	11.30	q
5	17	Daniel WONG Suffolk	11.32	q
6	4	Owain COLLARD Cambridgeshire	11.36	
7	14	Jack DEARDEN Norfolk	11.38	
8	3	Morgan CROKER Bedfordshire	11.71	

Heat 2 Wind: +0.1 m/s

Posn	Bib	Athlete/Club	Perf	
1	11	Eden DAVIS Hertfordshire	11.15	Q
2	1	Bradley STONE Bedfordshire	11.18	Q
3	7	Dylan ELLIS Essex	11.28	Q
4	16	Owen GIDDINGS Suffolk	11.36	
5	13	Ben MATSUKA-WILLIAMS Norfolk	11.56	
6	15	Jordan LIVERMORE Norfolk	11.57	
7	8	Emmanuel OGUNLEYE Essex	11.66	
8	2	Emmanuel OWOLABI Bedfordshire	11.74	

### T15 ICE Final (Boys)

Meeting Record: 10.93 - Deji Tobias (Beds) 01/06/08

Wind: +1.3 m/s

Posn	Bib	Athlete/Club	Perf	
1	1	Bradley STONE Bedfordshire	11.05	
2	11	Eden DAVIS Hertfordshire	11.07	
3	10	Dom ASHWELL Hertfordshire	11.15	
4	9	Gabriel YIADOM Essex	11.22	
5	12	Mohamed TAMBEDOU Hertfordshire	11.27	
6	5	Owen KING Cambridgeshire	11.39	
7	17	Daniel WONG Suffolk	11.42	
8	7	Dylan ELLIS Essex	12.05	

**T02 100m ICE Heats (Girls)**

Meeting Record: 12.05 - Harriet Lucas (Norfolk) 11/06/06

Heat 1

Wind: +2.6 m/s

Posn	Bib	Athlete/Club	Perf	
1	27	Modupe SHOKUNBI Essex	12.06	Q
2	33	Tallulah BELL Norfolk	12.54	Q
3	22	Tahlia NELSON Bedfordshire	12.73	Q
4	35	Lauren GIBBS Suffolk	12.74	q
5	32	Sophie SEGUN Hertfordshire	12.74	q
6	23	Alice QUINN Bedfordshire	13.39	
7	25	Emily WANNOP Cambridgeshire	13.55	

Heat 2

Wind: +1.3 m/s

Posn	Bib	Athlete/Club	Perf	
1	30	Hannah WILLIAMS Hertfordshire	12.23	Q
2	21	Eleanor USHER Bedfordshire	12.47	Q
3	31	Emily WOOD Hertfordshire	12.58	Q
4	29	Maddy BOURNE Essex	12.89	
5	24	Finlay MARRIOTT Cambridgeshire	12.97	
6	34	Katrine PURSEHOUSE Norfolk	13.20	

**T16 ICE Final (Girls)**

Meeting Record: 12.05 - Harriet Lucas (Norfolk) 11/06/06

Wind: +0.9 m/s

Posn	Bib	Athlete/Club	Perf	
1	30	Hannah WILLIAMS Hertfordshire	12.08	
2	27	Modupe SHOKUNBI Essex	12.26	
3	31	Emily WOOD Hertfordshire	12.59	
4	21	Eleanor USHER Bedfordshire	12.61	
5	33	Tallulah BELL Norfolk	12.70	
6	35	Lauren GIBBS Suffolk	12.81	
7	22	Tahlia NELSON Bedfordshire	12.86	
8	32	Sophie SEGUN Hertfordshire	12.87	

### T03 100m (M) Series 1

Meeting Record: 10.17 - Mark Lewis-Francis (Birchfield) 13/06/04

#### Race 1

Wind: +1.4 m/s

Posn	Bib	Athlete/Club	Perf	
1	213	Duayne BOVELL Blackheath & Bromley AC	10.84	
2	238	Jason HUSSAIN Crawley AC	10.88	
3	486	Patrick ONU Hillingdon AC	10.92	
4	272	Richard TAYLOR Loughborough Students AC	11.00	
5	273	Matt THREADGOLD Belgrave Harriers	11.02	
DQ	222	Lee DOLLARD Southend on Sea AC		

#### Race 2

Wind: +0.8 m/s

Posn	Bib	Athlete/Club	Perf	
1	254	Eldridge PHIRI Tamworth AC	10.76	
2	224	Darrell ELLIOTT Bedford & County AC	10.79	
3	229	Nathan GILBERT Windsor Slough Eton & H	10.90	
4	266	Leroy SLUE Harrow AC	10.93	
5	215	Harvey BYRNE Crawley AC	11.00	
6	253	Yannick PHIPPEN Birchfield Harriers	11.04	

#### Race 3

Wind: +1.1 m/s

Posn	Bib	Athlete/Club	Perf	
1	230	Tremayne GILLING Blackheath & Bromley AC	10.55	
2	269	Christopher STONE Bristol & West AC	10.57	
3	255	Marvin POPOOLA Herne Hill Harriers	10.68	
4	247	Gabriel ODUJOBi Sale Harriers Manchester	10.73	
5	277	André WRIGHT Medway & Maidstone AC	10.79	
6	207	Eugene AYANFUL Woodford Green & Essex L	10.81	
7	203	Ade ADEWALE Enfield & Haringey AC	10.92	

#### Race 4

Wind: +0.4 m/s

Posn	Bib	Athlete/Club	Perf	
1	221	Kieran DALY Blackheath & Bromley AC	10.49	
2	278	Leevan YEARWOOD Victoria Park H & Tower Hamlets	10.61	
3	483	Rion PIERRE Windsor Slough Eton & H	10.61	
4	265	Elijah SKERVIN Notts AC	10.63	
5	275	Elijah WINN Enfield & Haringey AC	10.70	
6	208	Scott BAJERE Bristol & West AC	10.79	
DNF	478	Ramone SMITH Radley AC		

#### Race 5

Wind: +1.7 m/s

Posn	Bib	Athlete/Club	Perf	
1	227	Adam GEMILI Blackheath & Bromley AC	10.08	CBP
2	271	Danny TALBOT Birchfield Harriers	10.14	
3	225	Joel FEARON Birchfield Harriers	10.26	
4	262	Sean SAFO-ANTWI Enfield & Haringey AC	10.28	
5	258	Andrew ROBERTSON Sale Harriers Manchester	10.34	
6	270	Aidan SYERS Newham & Essex Beagles AC	10.36	
7	249	Adeseye OGUNLEWE Chelmsford AC	10.41	
8	216	Greg CACKETT Belgrave Harriers	10.44	

**T04 100m (W) Series 1**

Meeting Record: 11.38 - Marcia Richardson (WSE) 11/06/00

Race 1

Wind: +1.6 m/s

Posn	Bib	Athlete/Club	Perf	
1	16	Twinelle HOPESON Loughborough Students AC	11.91	
2	13	Steffi WILSON Shaftesbury Barnet H	11.94	
3	28	Ruth ONYEKWE Cambridge Harriers	12.12	
4	12	Melisa HANSON Birchfield Harriers	12.29	
5	4	Abigail BISHELL City of Sheffield AC	12.47	

Race 2

Wind: +1.4 m/s

Posn	Bib	Athlete/Club	Perf	
1	3	Dina ASHER-SMITH Blackheath & Bromley AC	11.31	CBP
2	8	Montell DOUGLAS Blackheath & Bromley AC	11.55	
3	26	Ashleigh NELSON Stoke AC	11.87	
4	10	Nicola GILBERT Enfield & Haringey AC	11.91	
DNS	176	Imani LANSIQUOT Sutton & Dist AC		

**T05 100m Parallel Success (M)**

Meeting Record: 11.24 - Jonny Peacock (T44) (Ranleigh) 10/06/12

Race 1

Wind: +0.1 m/s

Posn	Bib	Athlete/Club	Perf	
1	243	Jason MACLEAN T37 Inverness Harriers AAC	13.02	
2	236	Daniel HOOKER T37 Harrow AC	13.20	
3	220	Lewis CLOW T37 Aberdeen AAC	13.31	
4	237	Jordan HOWE T35 Uknetrunner	13.56	
5	242	Nicholas LOVELL T37 Ashford AC	13.74	
6	260	Sam RUDDOCK T35 Charnwood AC	13.95	
7	232	Reece GOODWIN T36 Rotherham Harriers & AC	14.03	

Race 2

Wind: +1.1 m/s

Posn	Bib	Athlete/Club	Perf	
1	201	Ola ABIDOGUN T46 Horwich RMI Harriers	11.29	
2	256	Kyle POWELL T45 St Marys Richmond AC	11.64	
3	276	Jack WISKIN T12 Team Bath AC	11.74	
4	206	James ARNOTT T46 City of Plymouth AC	11.76	
5	210	Graeme BALLARD T36 Chorley AC	12.37	
6	211	Paul BLAKE 0 Dorchester AC	12.47	
7	261	Ben RUSHGROVE T36 Bath University	12.76	
DNS	209	James BALL T13 FDSW		

**T06 100m Parallel Success (W)**

Meeting Record: 13.15 - Denisha Marshall-Brown (T12) (-) 27/05/13

**Re-Issue**
**Race 1**

Wind: +0.4 m/s

Posn	Bib	Athlete/Club	Perf	
1	23	Polly MATON T46 Team Devizes - Moonrakers AC	13.74	
2	21	Selina LITT T11 Charnwood AC	14.20	
3	25	Jenny MCLOUGHLIN T37 Cardiff University	14.43	
4	14	Katrina HART T37 Birchfield Harriers	14.50	
5	22	Maria LYLE T35 Dunbar RC	14.63	WR
6	34	Amy WAREING T38 Loughborough Students AC	14.92	
7	30	Julie ROGERS T42 Bedford & County AC	17.74	

**Race 2**

Wind: +2.0 m/s

Posn	Bib	Athlete/Club	Perf	
1	11	Sophie HAHN T38 Charnwood AC	13.05	
2	24	Erin MCBRIDE T13 Liverpool Harriers & AC	13.28	
3	5	Olivia BREEN T38 City of Portsmouth AC	13.47	
4	6	Sally BROWN T46 Charnwood AC	13.64	
5	15	Tracey HINTON T11 Cardiff AAC	13.93	
6	29	Stefanie REID T44 Charnwood AC	14.11	

**T07 400m Hurdles (M) "A"**

Meeting Record: 50.50 - Richard Davenport (Newham &amp; Essex Beagles) 15/08/10

**Race 1**

Posn	Bib	Athlete/Club	Perf	
1	420	Gareth MORRIS Ashford AC	54.25	
2	409	Chris MCALISTER Sutton & Dist AC	54.57	
3	439	Sean REIDY Nene Valley Harriers	54.93	
4	376	Thomas GRANTHAM City of Sheffield AC	55.29	
DQ	404	Stanley LIVINGSTON Channel Isles AC		
DQ	463	Lennox THOMPSON Newham & Essex Beagles AC		

**Race 2**

Posn	Bib	Athlete/Club	Perf	
1	434	Sam PLUMB Newbury AC	52.23	
2	322	Blade ASHBY Herne Hill Harriers	52.33	
3	374	Steven GARRETT City of Sheffield AC	52.85	
4	382	Lee HAMILTON Newquay & Par AC	53.13	
5	474	Alec WING Enfield & Haringey AC	54.12	
6	390	Peter IRVING Channel Isles AC	55.65	

**Race 3**

Posn	Bib	Athlete/Club	Perf	
1	339	Tom BURTON Tamworth AC	50.63	
2	388	Andrew HOWELL Harrow AC	52.77	
3	418	Tom MOAKES Loughborough Students AC	52.92	
4	353	David DEMPSEY Gateshead Harriers	53.23	
5	398	Matthew LAVOPIERRE Basingstoke & Mid Hants AC	54.63	
6	424	Isaac OGUNLADE Herne Hill Harriers	55.53	

**T08 400m Hurdles (W) "A"**

Meeting Record: 56.07 - Sally Gunnell (Essex Ladies) 31/05/97

Posn	Bib	Athlete/Club	Perf	
1	90	Kerry DIXON Enfield & Haringey AC	60.31	
2	88	Sian DAVIES Swansea Harriers	60.90	
DNF	49	Chelsea WALKER City of York AC		

**T09 400m (W) "B"**

Meeting Record: 51.26 - Perri Shakes-Drayton (Victoria Park Harriers) 10/06/12

Posn	Bib	Athlete/Club	Perf	
1	80	Nikita CAMPBELL-SMITH Birchfield Harriers	54.95	
2	73	Lily BECKFORD London Heathside Runners	57.10	

**T10 400m (Mixed) Parallel Success**

Meeting Record: 52.74 - Ian Jones (Cat T44) (East Cheshire AC / GB) 31/05/09

Posn	Bib	Athlete/Club	Perf	
1	350	Paul DAVIDSON T20 Inverness Harriers AAC	52.93	
2	313	Daniel POWELL T13 Liverpool Harriers & AC	53.44	
3	366	Robert FERROL T20 Red Star AC	53.96	
4	211	Paul BLAKE O Dorchester AC	55.11	
5	384	Matthew HAMILTON T47 Basildon AC	55.98	
6	406	Finlay MACLENNAN T20 Inverness Harriers AAC	57.22	

**T11 200m (W) "B"**

Meeting Record: 23.04w - Joice Maduaka (WG & E) 18/07/01 & 23.14 - Donna Fraser (Croydon Harriers) 13/06/04

Wind: +0.2 m/s

Posn	Bib	Athlete/Club	Perf	
1	57	Finette AGYAPONG Newham & Essex Beagles AC	24.43	
2	61	Lucy JAMES Bedford & County AC	24.67	
3	62	Jessie KNIGHT Herne Hill Harriers	24.71	
4	13	Steffi WILSON Shaftesbury Barnet H	24.75	
5	59	Jennie BATTEN Stroud AC	24.89	
6	4	Abigail BISHELL City of Sheffield AC	26.15	
DNS	8	Montell DOUGLAS Blackheath & Bromley AC		

### T12 200m (M) "B"

Meeting Record: 20.55w - Solomon Wariso (Haringey) 10/06/95 & 20.59 - Doug Walker (Scotland) 30/05/98

#### Race 1

Wind: +2.5 m/s

Posn	Bib	Athlete/Club	Perf	
1	315	Luke SMALLWOOD Blackheath & Bromley AC	21.54	
2	224	Darrell ELLIOTT Bedford & County AC	21.57	
3	238	Jason HUSSAIN Crawley AC	21.58	
4	257	Tommy RAMDHAN Bexley AC	21.77	
5	208	Scott BAJERE Bristol & West AC	21.77	
6	266	Leroy SLUE Harrow AC	22.04	
DNF	312	Victor NWAGBARA Kingston AC & Poly Harriers		

#### Race 2

Wind: +0.4 m/s

Posn	Bib	Athlete/Club	Perf	
1	221	Kieran DALY Blackheath & Bromley AC	21.00	
2	310	Nicholas KANONIK Birchfield Harriers	21.56	
3	308	Theo CAMPBELL Bristol & West AC	21.64	
4	254	Eldridge PHIRI Tamworth AC	21.78	
5	255	Marvin POPOOLA Herne Hill Harriers	21.79	
6	277	André WRIGHT Medway & Maidstone AC	21.88	
7	215	Harvey BYRNE Crawley AC	22.12	

### T13 200m (M) Parallel Success

Meeting Record: 23.41 - Ola Abidogun (T46) (Horwich AC) 27/05/13

#### Race 1

Wind: -0.5 m/s

Posn	Bib	Athlete/Club	Perf	
1	220	Lewis CLOW T37 Aberdeen AAC	27.26	
2	237	Jordan HOWE T35 Uknetranner	28.31	
3	242	Nicholas LOVELL T37 Ashford AC	28.53	
4	232	Reece GOODWIN T36 Rotherham Harriers & AC	28.75	
DNS	243	Jason MACLEAN T37 Inverness Harriers AAC		

#### Race 2

Wind: +1.0 m/s

Posn	Bib	Athlete/Club	Perf	
1	256	Kyle POWELL T45 St Marys Richmond AC	24.06	
2	206	James ARNOTT T46 City of Plymouth AC	24.36	
3	276	Jack WISKIN T12 Team Bath AC	24.70	
4	313	Daniel POWELL T13 Liverpool Harriers & AC	25.00	
5	210	Graeme BALLARD T36 Chorley AC	25.74	
DNS	209	James BALL T13 FDSW		

### T14 200m (W) Parallel Success

Meeting Record: 28.68 - Denisha Marshall-Brown (T12) --) 27/05/13

#### Race 1

Wind: +0.7 m/s

Posn	Bib	Athlete/Club	Perf	
1	23	Polly MATON T46 Team Devizes - Moonrakers AC	27.26	
2	25	Jenny MCLOUGHLIN T37 Cardiff University	28.31	
3	22	Maria LYLE T35 Dunbar RC	28.53	
4	34	Amy WAREING T38 Loughborough Students AC	28.75	

#### Race 2

Wind: +0.9 m/s

Posn	Bib	Athlete/Club	Perf	
1	24	Erin MCBRIDE T13 Liverpool Harriers & AC	26.86	
2	6	Sally BROWN T46 Charnwood AC	27.29	
3	11	Sophie HAHN T38 Charnwood AC	27.67	
4	63	Laura SUGAR T44 University of Birmingham	28.78	
5	64	Bethany WOODWARD T37 Southampton AC	30.05	
DNS	15	Tracey HINTON T11 Cardiff AAC		

### T17 100m (W) Series 2

Meeting Record: 11.38 - Marcia Richardson (WSE) 11/06/00

#### Race 1

Wind: +1.6 m/s

Posn	Bib	Athlete/Club	Perf	
1	3	Dina ASHER-SMITH Blackheath & Bromley AC	11.21	CBP
2	26	Ashleigh NELSON Stoke AC	11.28	
3	8	Montell DOUGLAS Blackheath & Bromley AC	11.51	
4	10	Nicola GILBERT Enfield & Haringey AC	11.89	
5	13	Steffi WILSON Shaftesbury Barnet H	11.98	
6	16	Twinelle HOPESON Loughborough Students AC	12.01	
7	12	Melisa HANSON Birchfield Harriers	12.46	



### T18 100m (M) Series 2

Meeting Record: 10.17 - Mark Lewis-Francis (Birchfield) 13/06/04

#### Race 1

Wind: +1.6 m/s

Posn	Bib	Athlete/Club	Perf
1	266	Leroy SLUE Harrow AC	10.74
2	273	Matt THREADGOLD Belgrave Harriers	10.96
3	253	Yannick PHIPPEN Birchfield Harriers	10.97
4	486	Patrick ONU Hillingdon AC	10.99
5	215	Harvey BYRNE Crawley AC	11.04
6	222	Lee DOLLARD Southend on Sea AC	11.06
7	272	Richard TAYLOR Loughborough Students AC	11.09

#### Race 2

Wind: +0.3 m/s

Posn	Bib	Athlete/Club	Perf
1	207	Eugene AYANFUL Woodford Green & Essex L	10.74
2	254	Eldridge PHIRI Tamworth AC	10.78
3	277	André WRIGHT Medway & Maidstone AC	10.80
4	247	Gabriel ODUJOBI Sale Harriers Manchester	10.81
5	203	Ade ADEWALE Enfield & Haringey AC	10.88
6	224	Darrell ELLIOTT Bedford & County AC	10.97
7	213	Duayne BOVELL Blackheath & Bromley AC	11.03
8	238	Jason HUSSAIN Crawley AC	11.09

#### Race 3

Wind: +1.7 m/s

Posn	Bib	Athlete/Club	Perf
1	221	Kieran DALY Blackheath & Bromley AC	10.40
2	265	Elijah SKERVIN Notts AC	10.53
3	230	Tremayne GILLING Blackheath & Bromley AC	10.54
4	269	Christopher STONE Bristol & West AC	10.58
5	255	Marvin POPOOLA Herne Hill Harriers	10.66
6	208	Scott BAJERE Bristol & West AC	10.73

#### Race 4

Wind: +1.1 m/s

Posn	Bib	Athlete/Club	Perf
1	271	Danny TALBOT Birchfield Harriers	10.18
2	225	Joel FEARON Birchfield Harriers	10.27
3	262	Sean SAFO-ANTWI Enfield & Haringey AC	10.37
4	258	Andrew ROBERTSON Sale Harriers Manchester	10.44
5	249	Adeseye OGUNLEWE Chelmsford AC	10.47
6	216	Greg CACKETT Belgrave Harriers	11.28

**T19 400m (M) "B"**

Meeting Record: 45.72 - Rabah Yousif (NEB) 10/06/07

**Race 1**

Posn	Bib	Athlete/Club	Perf	
1	421	Jacob NESS City of Salisbury AC	47.98	
2	438	Joseph REID Manx Harriers	48.51	
3	320	Thomas AJOSE Windsor Slough Eton & H	48.78	
4	386	Danny HIGHAM Liverpool Pembroke & Sefton H	49.11	
5	346	Andy CLEMENTS Windsor Slough Eton & H	49.53	
6	347	Matthew CONSTABLE Ipswich Harriers	50.07	
7	348	Shaun COOKE Sutton & Dist AC	50.80	

**Race 2**

Posn	Bib	Athlete/Club	Perf	
1	480	Richard STRACHAN Trafford AC	47.05	
2	426	Efekemo OKORO Birchfield Harriers	47.32	
3	436	Dan PUTNAM Blackheath & Bromley AC	47.40	
4	444	Elliot RUTTER Birchfield Harriers	47.86	
5	337	Tim BURN City of Sheffield AC	48.06	
6	359	Luke EDWARDS City of Sheffield AC	49.87	

### T20 400m Hurdles (M) "B"

Meeting Record: 50.50 - Richard Davenport (Newham & Essex Beagles) 15/08/10

#### Race 1

Posn	Bib	Athlete/Club	Perf	
1	383	Matt HAMILTON Enfield & Haringey AC	53.32	
2	420	Gareth MORRIS Ashford AC	54.05	
3	367	Jacob FINCHAM-DUKES Leeds City AC	54.90	
4	362	Caspar ELIOT Bristol & West AC	54.98	
5	379	George HADLER Havering Mayesbrook AC	55.97	
6	442	Christian ROBERTS Huntingdonshire AC	56.33	

#### Race 2

Posn	Bib	Athlete/Club	Perf	
1	404	Stanley LIVINGSTON Channel Isles AC	53.65	
2	474	Alec WING Enfield & Haringey AC	53.70	
3	463	Lennox THOMPSON Newham & Essex Beagles AC	54.64	
4	390	Peter IRVING Channel Isles AC	55.25	
5	353	David DEMPSEY Gateshead Harriers	55.26	
6	305	Chris WAKEFORD Sale Harriers Manchester	55.60	

### T21 400m Hurdles (W) "B"

Meeting Record: 56.07 - Sally Gunnell (Essex Ladies) 31/05/97

#### Race 1

Posn	Bib	Athlete/Club	Perf	
1	170	Stephanie WILLIAMS Herts Phoenix AC	62.20	
2	83	Elisabeth CLIFFORD City of Salisbury AC	63.08	
3	121	Hazel LE CORNU Channel Isles AC	63.86	

**T22 Wheelchair 100m (M/W/Mx)**

Meeting Record: 14.03 - Kenny van Weeghlen (Holland) 13/06/04

Race C			Wind: +1.3 m/s	
Posn	Bib	Athlete/Club	Perf	
1	214	Daniel BRAMALL T33 Stockport Harriers & AC	19.62	
2	267	Rob SMITH T52 Coventry Godiva H	19.76	
3	187	Nathan BLACKIE T33 Poole AC	19.82	
4	2	Kare ADENEGAN T34 Coventry Godiva H	20.56	
5	27	Mel NICHOLLS T34 Coventry Godiva H	20.62	
6	32	Carly TAIT T34 Stockport Harriers & AC	21.72	
7	250	Steve OSBORNE T51 Unattached	23.18	
8	31	Cat STOTT T34 Unattached	23.65	

Race B			Wind: -0.7 m/s	
Posn	Bib	Athlete/Club	Perf	
1	239	Dillon LABROOY T54 Weir Archer Academy	16.60	
2	259	Ben ROWLINGS T34 Coventry Godiva H	17.09	
3	7	Hannah COCKROFT T34 Coventry Godiva H	17.69	
4	20	Samantha KINGHORN T53 Red Star AC	17.80	
5	217	Jamie CARTER T34 Cleethorpes & District AC	17.83	
6	274	Isaac TOWERS T34 Blackpool Wyre & Fylde AC	18.18	
7	19	Jade JONES T54 New Marske	18.98	
8	231	Toby GOLD T33 Weir Archer Academy	19.00	

Race A			Wind: -1.3 m/s	
Posn	Bib	Athlete/Club	Perf	
1	218	Richard CHIASSARO Harlow AC	14.89	
2	240	Brent LAKATOS Not Listed	14.98	
3	264	Sheikh SHEIKH Weir Archer Academy	15.95	
4	205	Ashley ARCHER Weir Archer Academy	16.34	
5	212	Stuart BLOOR Crewe & Nantwich AC	16.46	
6	245	Michael MCCABE Sutton & District	16.63	
7	268	Will SMITH City of Norwich AC	16.66	
8	244	Nathan MAGUIRE Unattached	17.01	

### T23 400m (W) "A"

Meeting Record: 51.26 - Perri Shakes-Drayton (Victoria Park Harriers) 10/06/12

#### Race 1

Posn	Bib	Athlete/Club	Perf
1	137	Laviai NIELSEN Enfield & Haringey AC	54.31
2	89	Rachel DICKENS Blackheath & Bromley AC	54.41
3	146	Harriet PRYKE Manx Harriers	54.87
4	62	Jessie KNIGHT Herne Hill Harriers	55.04
5	75	Loren BLEAKEN Team Bath AC	56.34

#### Race 2

Posn	Bib	Athlete/Club	Perf
1	177	Victoria OHURUOGU Newham & Essex Beagles AC	52.71
2	67	Amy ALLCOCK Aldershot Farnham & Dist AC	53.28
3	70	Sabrina BAKARE Shaftesbury Barnet Harriers	53.64
4	97	Emily FREEMAN Wakefield & District H & AC	54.24

### T24 110m Hurdles (M) Series 1

Meeting Record: 13.63 - Paul Gray (Cardiff) 18/07/01

#### Race 1

Wind: +1.0 m/s

Posn	Bib	Athlete/Club	Perf
1	281	Andy BLOW Basingstoke & Mid Hants AC	14.66
2	307	Ashley WILSON Victoria Park H & Tower Hamlets	14.83
3	305	Chris WAKEFORD Sale Harriers Manchester	15.02
4	291	Michael HOLDEN Kent AC	15.30
5	301	Thomas RILEY Kent AC	15.97
6	282	Thomas CAREY Shaftesbury Barnet Harriers	16.42

#### Race 2

Wind: -0.8 m/s

Posn	Bib	Athlete/Club	Perf
1	279	Alex AL-AMEEN Newham & Essex Beagles AC	13.95
2	293	David KING City of Plymouth AC	14.04
3	298	Edirin OKORO Birchfield Harriers	14.20
4	299	Julian ORTIZ MERINO Birchfield Harriers	14.36
5	287	David FEENEY Amber Valley AC	14.44
6	300	Jake PORTER Birchfield Harriers	14.47
7	295	Mohamed KONE France	15.14

### T25 110m Hurdles (U20M) Series 1

Meeting Record: 13.72 - Lawrence Clarke (Windsor, Slough & Eton) 31/05/09

Race 1				Wind: -2.5 m/s
Posn	Bib	Athlete/Club	Perf	
1	286	Rory DWYER Stratford-upon-Avon AC	14.37	
2	306	James WEAVER Enfield & Haringey AC	14.40	
3	284	Robbie CLARRICOATS Newham & Essex Beagles AC	14.84	
4	297	Garbhan MCKENNA Ireland	15.06	

Race 2				Wind: -1.3 m/s
Posn	Bib	Athlete/Club	Perf	
1	302	Khari RILEY-LA BORDE Enfield & Haringey AC	13.99	
2	303	Rushane THOMAS Herne Hill Harriers	14.32	
3	294	Jack KIRBY Hillingdon AC	14.42	
4	479	Kertis BESWICK Blackheath & Bromley AC	14.51	
5	288	Jack HATTON Reading AC	14.70	

### T26 100m Hurdles (W) Series 1

Meeting Record: 13.01 - Sarah Claxton (Belgrave Harriers) 13/06/04

Race 1				Wind: +0.1 m/s
Posn	Bib	Athlete/Club	Perf	
1	48	Jahisha THOMAS Blackheath & Bromley AC	13.80	
2	50	Olivia WALKER Cannock & Stafford AC	14.30	
3	35	Amy BARCLAY Crawley AC	14.34	
4	41	Shirin IRVING Croydon H	14.34	
5	42	Harriet JONES Windsor Slough Eton & H	14.36	
6	47	Holly THOMAS Newham & Essex Beagles AC	14.36	

Race 2				Wind: -1.6 m/s
Posn	Bib	Athlete/Club	Perf	
1	46	Serita SOLOMON Blackheath & Bromley AC	13.57	
2	36	Gemma BENNETT Shaftesbury Barnet Harriers	13.71	
3	39	Lucy HATTON Corby AC	13.76	
4	43	Yasmin MILLER Derby AC	13.82	
5	56	Louise WOOD Trafford AC	14.03	
6	51	Gemma WERRETT Birchfield Harriers	14.10	
7	37	Angelita BROADBELT-BLAKE Thames Valley H	14.18	

### T27 Wheelchair 400m (M/W/Mx)

Meeting Record: 51.10 - Kenny van Weeghlen (Holland) 13/06/04

#### Race 1

Posn	Bib	Athlete/Club	Perf
1	267	Rob SMITH T52 Coventry Godiva H	1:06.63
2	2	Kare ADENEGAN T34 Coventry Godiva H	1:06.94
3	27	Mel NICHOLLS T34 Coventry Godiva H	1:07.19
4	187	Nathan BLACKIE T33 Poole AC	1:07.53
5	32	Carly TAIT T34 Stockport Harriers & AC	1:18.17
6	31	Cat STOTT T34 Unattached	1:24.29
7	250	Steve OSBORNE T51 Unattached	1:25.29
DQ	214	Daniel BRAMALL T33 Stockport Harriers & AC	

#### Race 2

Posn	Bib	Athlete/Club	Perf
1	259	Ben ROWLINGS T34 Coventry Godiva H	56.61
2	274	Isaac TOWERS T34 Blackpool Wyre & Fylde AC	57.96
3	20	Samantha KINGHORN T53 Red Star AC	58.14
4	217	Jamie CARTER T34 Cleethorpes & District AC	58.91
5	19	Jade JONES T54 New Marske	1:00.18
6	173	Shelly WOODS T54 Blackpool Wyre & Fylde AC	1:00.83
7	7	Hannah COCKROFT T34 Coventry Godiva H	1:01.27

#### Race 3

Posn	Bib	Athlete/Club	Perf
1	218	Richard CHIASSARO T54 Harlow AC	50.16
2	212	Stuart BLOOR T54 Crewe & Nantwich AC	52.98
3	244	Nathan MAGUIRE T54 Unattached	54.97
4	245	Michael MCCABE T54 Sutton & District	55.24
5	205	Ashley ARCHER T54 Weir Archer Academy	55.32
6	239	Dillon LABROOY T54 Weir Archer Academy	56.75
DQ	268	Will SMITH T54 City of Norwich AC	

### T28 4 x 75m Schools Relay (Boys)

Meeting Record: 32.89 - Robert Bloomfield Middle School 31/05/2009

Posn	Bib	Athlete/Club	Perf
1	B	Lincroft 'A' : Ellis Sharp, Kedan Byre Stott, Oliver Slimane, Mohamed Craagstein	40.17
2	A	Robert Bloomfield 'A' : Sam King, Joe Ryan, Mitchell Black, Hayden Black	40.50
3	D	Lincroft 'B' : Dominic Wilcox, Joel Williams, Bryce Smith, Sam Dalton	40.98
4	C	Robert Bloomfield 'B' : Louis Maxwell, Nathan Cowan, Kasper Wencek, Rohan Ford	42.12

### T29 4 x 75m Schools Relay (Girls)

Meeting Record: 41.08 - Harrold Priory Middle School 10/06/2007

Posn	Bib	Athlete/Club	Perf
1	A	Robert Bloomfield 'A' : Elena Bowles, Katie Jeffery, Molly Bhattacharjee, Jennifer Abbott	41.35
2	B	Lincroft 'A' : Georgia Panter, Gemma Potts, Amy Bailey, Mollie Jackson	42.28
3	C	Robert Bloomfield 'B' : Cayleish Jackson, Katie Rogers, Echo Brown, Alisha Brown	42.53

### T30 200m (W) "A"

Meeting Record: 23.04w - Joice Maduaka (WG & E) 18/07/01 & 23.14 - Donna Fraser (Croydon Harriers) 13/06/04

Race 1

Wind: -1.3 m/s

Posn	Bib	Athlete/Club	Perf
1	9	Joey DUCK Marshall Milton Keynes AC	23.82
2	58	Susanna BANJO Newham & Essex Beagles AC	24.81
3	60	Beth DOBBIN Loughborough Students AC	25.12

### T31 200m (M) "A"

Meeting Record: 20.55w - Solomon Wariso (Haringey) 10/06/95 & 20.59 - Doug Walker (Scotland) 30/05/98

Race 1

Wind: -0.6 m/s

Posn	Bib	Athlete/Club	Perf
1	271	Danny TALBOT Birchfield Harriers	20.61
2	219	Christopher CLARKE Marshall Milton Keynes AC	20.86
3	269	Christopher STONE Bristol & West AC	21.27
4	483	Rion PIERRE Windsor Slough Eton & H	21.30
5	316	Thomas SOMERS City of York AC	21.31
6	277	André WRIGHT Medway & Maidstone AC	21.83
7	222	Lee DOLLARD Southend on Sea AC	22.18



**T32 Wheelchair 1500m (M/W/Mx)**

Meeting Record: -

**Race B**

Posn	Bib	Athlete/Club	Perf	
1	274	Isaac TOWERS T34 Blackpool Wyre & Fylde AC	03:36.44	UK Rec
2	20	Samantha KINGHORN T53 Red Star AC	03:36.86	
3	259	Ben ROWLINGS T34 Coventry Godiva H	03:37.66	
4	217	Jamie CARTER T34 Cleethorpes & District AC	03:53.48	
5	7	Hannah COCKROFT T34 Coventry Godiva H	03:53.57	World R
6	267	Rob SMITH T52 Coventry Godiva H	04:05.19	UK Rec

**Race A**

Posn	Bib	Athlete/Club	Perf	
1	240	Brent LAKATOS T54 Not Listed	03:14.54	
2	268	Will SMITH T54 City of Norwich AC	03:23.07	
3	212	Stuart BLOOR T54 Crewe & Nantwich AC	03:25.70	
4	218	Richard CHIASSARO T54 Harlow AC	03:33.79	
5	173	Shelly WOODS T54 Blackpool Wyre & Fylde AC	03:41.88	
6	19	Jade JONES T54 New Marske	03:43.94	
7	245	Michael MCCABE T54 Sutton & District	03:46.13	

**T33 100m Hurdles (W) Series 2**

Meeting Record: 13.01 - Sarah Claxton (Belgrave Harriers) 13/06/04

**Race 1**

Wind: -0.8 m/s

Posn	Bib	Athlete/Club	Perf	
1	37	Angelita BROADBELT-BLAKE Thames Valley H	13.86	
2	35	Amy BARCLAY Crawley AC	14.07	
3	47	Holly THOMAS Newham & Essex Beagles AC	14.29	
4	42	Harriet JONES Windsor Slough Eton & H	14.38	
5	41	Shirin IRVING Croydon H	14.38	
6	50	Olivia WALKER Cannock & Stafford AC	14.39	

**Race 2**

Wind: -0.2 m/s

Posn	Bib	Athlete/Club	Perf	
1	46	Serita SOLOMON Blackheath & Bromley AC	13.34	
2	36	Gemma BENNETT Shaftesbury Barnet Harriers	13.52	
3	43	Yasmin MILLER Derby AC	13.75	
4	51	Gemma WERRETT Birchfield Harriers	13.97	
5	48	Jahisha THOMAS Blackheath & Bromley AC	14.37	
DNF	39	Lucy HATTON Corby AC		

### T34 110m Hurdles (U20 M) Series 2

Meeting Record: 13.72 - Lawrence Clarke (Windsor, Slough & Eton) 31/05/09

Race 1			Wind: +0.1 m/s	
Posn	Bib	Athlete/Club	Perf	
1	479	Kertis BESWICK Blackheath & Bromley AC	14.26	
2	284	Robbie CLARRICOATS Newham & Essex Beagles AC	14.47	
DQ	297	Garbhan MCKENNA Ireland		

Race 2			Wind: -1.3 m/s	
Posn	Bib	Athlete/Club	Perf	
1	302	Khai RILEY-LA BORDE Enfield & Haringey AC	13.78	
2	286	Rory DWYER Stratford-upon-Avon AC	14.19	
3	294	Jack KIRBY Hillingdon AC	14.26	
4	303	Rushane THOMAS Herne Hill Harriers	14.31	
5	306	James WEAVER Enfield & Haringey AC	14.60	

### T35 110m Hurdles (M) Series 2

Meeting Record: 13.63 - Paul Gray (Cardiff) 18/07/01

Race 1			Wind: -1.5 m/s	
Posn	Bib	Athlete/Club	Perf	
1	281	Andy BLOW Basingstoke & Mid Hants AC	14.83	
2	305	Chris WAKEFORD Sale Harriers Manchester	14.97	
3	291	Michael HOLDEN Kent AC	15.07	
4	307	Ashley WILSON Victoria Park H & Tower Hamlets	15.19	
5	301	Thomas RILEY Kent AC	17.23	

Race 2			Wind: -1.1 m/s	
Posn	Bib	Athlete/Club	Perf	
1	279	Alex AL-AMEEN Newham & Essex Beagles AC	13.86	
2	293	David KING City of Plymouth AC	13.99	
3	298	Edirin OKORO Birchfield Harriers	14.21	
4	287	David FEENEY Amber Valley AC	14.21	
5	299	Julian ORTIZ MERINO Birchfield Harriers	14.29	
6	300	Jake PORTER Birchfield Harriers	14.49	
DQ	295	Mohamed KONE France		

**T36 400m (M) "A"**

Meeting Record: 45.72 - Rabah Yousif (NEB) 10/06/07

**Race 1 - Manually Timed**

Posn	Bib	Athlete/Club	Perf	
1	480	Richard STRACHAN Trafford AC	47.0	
2	430	Nicholas PETROU Leeds City AC	47.4	
3	431	Peter PHILLIPS Herne Hill Harriers	47.9	
4	324	Nicholas ATWELL Herne Hill Harriers	48.0	
5	341	Christian BYRON Birchfield Harriers	48.1	
6	395	Jake KING Southend on Sea AC	48.1	
7	323	Scott ATKINSON Loughborough Students AC	48.2	

**Race 2**

Posn	Bib	Athlete/Club	Perf	
1	484	Nigel LEVINE Windsor Slough Eton & H	46.07	
2	325	Dan AWDE Woodford Green Essex Ladies	46.16	
3	488	Luke LENNON-FORD Unattached	46.74	
4	444	Elliot RUTTER Birchfield Harriers	47.10	
5	426	Efekemo OKORO Birchfield Harriers	47.15	
6	310	Nicholas KANONIK Birchfield Harriers	47.48	
7	337	Tim BURN City of Sheffield AC	47.94	

### F01 Discus (M) "B"

Meeting Record: 67.31m Gerd Kanter (Estonia) 15/08/10

Posn	Bib	Athlete/Club	Perf	
1	391	Mart ISRAEL Estonia	60.62	
2	416	Gerhard MEYER Austria	58.24	
3	422	Tom NORMAN Woodford Green & Essex L	54.87	
4	412	Angus MCINROY Shaftesbury Barnet H	54.08	
5	433	Mark PLOWMAN RAF	51.80	
6	354	Devon DOUGLAS Woodford Green & Essex L	47.47	
7	403	Christopher LINQUE Woodford Green & Essex L	47.31	
8	469	Mark WEARING Chesterfield & District AC	41.81	

Posn	Bib	Athlete/Club	Perf	
1	437	Gurlal RANDHAWA Windsor Slough Eton & H	47.79	1.75Kg

Posn	Bib	Athlete/Club	Perf	
1	345	Josh CLARK F37 FDSW	37.52	1.0Kg

### F02 Hammer (W) "A"

Meeting Record: 68.83m - Britney Henry (USA) 15/08/10

Posn	Bib	Athlete/Club	Perf	
1	106	Sophie HITCHON Blackburn Harriers & AC	66.92	
2	111	Rachel HUNTER Shaftesbury Barnet H	62.13	
3	140	Myra PERKINS Falkirk Victoria H	61.32	
4	112	Louisa JAMES Shaftesbury Barnet H	60.86	
5	147	Kimberley REED Edinburgh AC	60.78	
6	78	Shaunagh BROWN Blackheath & Bromley AC	59.67	
7	134	Hayley MURRAY Birchfield Harriers	56.67	

### F03 Long Jump (W) "A"

Meeting Record: 6.63m - Jade Johnson (Herne Hill Harriers) 01/06/03

Posn	Bib	Athlete/Club	Perf	
1	172	Amy WOODMAN Birchfield Harriers	6.25	+1.5
2	85	Gillian COOKE Edinburgh AC	6.22	+1.2
3	152	Alexandra RUSSELL Wigan & Dist H AC	6.12	-0.0
4	95	Lisa FERGUSON Edinburgh AC	5.98	+1.7
5	48	Jahisha THOMAS Blackheath & Bromley AC	5.55	+2.3
6	94	Simi FAJEMISIN Oxford City AC	5.46	+0.3

	48	Jahisha THOMAS Blackheath & Bromley AC	5.49	+1.3
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### F04 Pole Vault (M)

Meeting Record: 5.41m - Kevin Hughes (Haringey) 31/05/97

Posn	Bib	Athlete/Club	Perf	
1	380	Adam HAGUE Dearneside AC	4.95	
2	373	Nathan GARDNER Stevenage & North Herts AC	4.20	
3	481	Tom ROTTIER Enfield & Haringey AC	4.20	

### F05 High Jump (W) "B"

Meeting Record: 1.90m - Isabelle Pooley (Aldershot Farnham & Dist) 10/06/12

Posn	Bib	Athlete/Club	Perf	
1	139	Bethan PARTRIDGE Birchfield Harriers	1.82	
2	157	Theodora SPATHIS Enfield & Haringey AC	1.69	
3	156	Megan SMITH Dacorum & Tring AC	1.64	
4	86	Mollie COURTNEY Cheltenham Harriers	1.59	
5	159	Lauren TYRRELL Charnwood AC	1.59	
6	68	Gemma ARMORGIE Herts Phoenix AC	1.54	

### F06 Triple Jump (M) "B"

Meeting Record: 16.82m - Julian Golley (TVH) 11/06/00

Posn	Bib	Athlete/Club	Perf	
1	344	John CARR Shaftesbury Barnet H	15.20	+0.6
2	361	Stephen EDWARDS Thames Valley H	NDR	

### F07 Discus (W) "B"

Meeting Record: 60.29m - Monique Jansen (Netherlands) 15/08/10

Posn	Bib	Athlete/Club	Perf	
1	115	Sanna KAMARAINEN Finland	57.83	
2	119	Jade LALLY Shaftesbury Barnet H	56.97	
3	96	Eden FRANCIS Birchfield Harriers	55.85	
4	120	Kirsty LAW Sale Harriers Manchester	55.49	
5	92	Shadine DUQUEMIN Shaftesbury Barnet H	51.91	
6	78	Shaunagh BROWN Blackheath & Bromley AC	48.79	
7	91	Phoebe DOWSON Bournemouth AC	47.81	
8	158	Georgie TAYLOR Havering Mayesbrook AC	45.94	
9	107	Amy HOLDER Reading AC	42.15	
10	104	Kathy HETHERINGTON North Down AC	41.49	
11	136	Holly NEILL F41 Yeovil Olympiads AC	22.38	
12	34	Amy WAREING F38 Loughborough Students AC	21.60	
13	132	Samantha MILNER Blackheath & Bromley AC	-	

### F09 Shot (M) incl Disability

Meeting Record: 18.95m - Scott Rider (Sale Harriers Manchester) 15/08/10

Posn	Bib	Athlete/Club	Perf	
1	441	Scott RIDER Birchfield Harriers	18.19	
2	427	Athony OSHODI Woodford Green & Essex L	17.56	
3	402	Scott LINCOLN City of York AC	17.11	
4	457	Jamie STEVENSON Newham & Essex Beagles AC	16.40	
5	419	Robert MOHAN Enfield & Haringey AC	16.32	
6	476	Youcef ZATAT Woodford Green & Essex L	NDR	

Posn	Bib	Athlete/Club	Perf	
1	318	Jonathan ADAMS F35 Loughborough Students AC	12.40	
2	260	Sam RUDDOCK F35 Charnwood AC	11.31	

**F10 Hammer (M) "A"**

Meeting Record: 73.87m - Mark Dry (WG & EL) 10/06/12

Posn	Bib	Athlete/Club	Perf	
1	451	Alex SMITH Sale Harriers Manchester	71.95	
2	356	Mark DRY Woodford Green & Essex L	71.59	
3	372	Andy FROST Woodford Green & Essex L	67.94	
4	327	James BEDFORD Birchfield Harriers	66.16	
5	410	Dempsey MCGUIGAN Shaftesbury Barnet H	65.75	
6	447	Chris SHORTHOUSE Birchfield Harriers	62.73	
7	330	Michael BOMBA Liverpool Harriers & AC	61.49	

Posn	Bib	Athlete/Club	Perf	
1	343	Taylor CAMPBELL Windsor Slough Eton & H	70.71	6Kg

**F11 Javelin (W) "B"**

Meeting Record: 60.68m - Laura Whittingham (City of Manchester) 15/08/10

Posn	Bib	Athlete/Club	Perf	
1	113	Izzy JEFFS North Devon AC	53.90	
2	155	Rosie SEMENYTSH Sale Harriers Manchester	47.40	
3	77	Laura BRITANE Thames Valley H	46.30	
4	130	Eloise MEAKINS Herts Phoenix AC	45.70	
5	162	Tesni WARD Birchfield Harriers	45.10	
6	82	Emma CHRISTMAS Havering Mayesbrook AC	37.55	
7	157	Theodora SPATHIS Enfield & Haringey AC	36.87	

**F12 Long Jump (M) "A"**

Meeting Record: 7.93w - Gable Garenamotse (Cardiff AC) 13/06/04

Posn	Bib	Athlete/Club	Perf	
1	338	Matt BURTON Kent AC	7.66	+0.7
2	407	Felix MAISEY Harlow AC	7.57	+0.7
3	414	James MCLACHLAN City of Norwich AC	7.50	+1.4
4	432	Bradley PICKUP Newham & Essex Beagles AC	7.41	+0.8
5	381	Allan HAMILTON Sale Harriers Manchester	7.37	+1.2
6	446	Feron SAYERS Birchfield Harriers	7.30	+0.3
7	364	Ezekiel EWULO Woodford Green & Essex L	7.21	+1.3

### F13 High Jump (M) "B"

Meeting Record: 2.27m - Robbie Grabarz (NEB) 01/06/2008 & Samson Oni (Belgrave H) 01/06/2008

Posn	Bib	Athlete/Club	Perf	
1	443	Matt ROBERTS Newham & Essex Beagles AC	2.16	
2	360	Mike EDWARDS Birchfield Harriers	2.05	
3=	450	Romeo SITHOLE Charnwood AC	2.05	
3=	334	Jonathan BROOM-EDWARDS Newham & Essex Beagles AC	2.05	
5=	466	Adam WALL Bristol & West AC	2.01	
5=	378	William GRIMSEY Enfield & Haringey AC	2.01	
7	423	Dotun OGUNKEYEDE Gateshead Harriers	2.01	
8	321	Marc ALNER Loughborough Students AC	2.01	
9	286	Rory DWYER Stratford-upon-Avon AC	1.96	
10	332	Ryan BONIFAS Reading AC	1.96	
11	468	Matthew WATSON Southampton AC	1.96	
12	369	Jason FOX Channel Isles AC	1.91	

### F14 Triple Jump (W) "B"

Meeting Record: 13.80m - Trecia Smith (Saftesbury B H) 15/08/10

Posn	Bib	Athlete/Club	Perf	
1	127	Rachel MCHUGH Shildon R & AC	11.94	+2.3
2	87	Kerri DAVIDSON Blackheath & Bromley AC	12.27	+1.6
3	69	Zara ASANTE Blackheath & Bromley AC	12.60	+2.1
4	133	Nony MORDI Edinburgh AC	12.84	+1.0
5	169	Nadia WILLIAMS Shaftesbury Barnet H	12.95	+1.3
	127	Rachel MCHUGH Shildon R & AC	11.92	+1.6
	69	Zara ASANTE Blackheath & Bromley AC	12.58	+1.8

### F15 Parallel Success Seated ClubThrow (W)

Meeting Record:

Posn	Bib	Athlete/Club	Perf	
1	79	Joanna BUTTERFIELD F51 Unknown	18.73	F51
2	110	Abbie HUNNISETT F32 Weir Archer Academy	17.52	F32
3	143	Gemma PRESCOTT F32 CDSC/Uknetrunner	20.54	F32
4	149	Zoe ROBINSON F31 Bury Athletic Club	13.14	F31

**F16 Javelin (M) "B"**

Meeting Record: 80.81m - Mervyn Luckwell (Milton Keynes) 10/06/12

Posn	Bib	Athlete/Club	Perf	
1	349	Neil CROSSLEY Cheltenham Harriers	71.80	
2	429	Benji PEARSON Wolverhampton & Bilston AC	70.16	
3	448	Richard SHUTTLEWORTH Loughborough Students AC	69.46	
4	454	Matt SMITH Exeter Harriers	68.06	
5	342	James CAMPBELL Cheltenham Harriers	65.64	
6	417	Greg MILLAR Birchfield Harriers	62.98	
7	460	Jack SWAIN Bedford & County AC	56.08	
8	440	Aidan REYNOLDS Telford AC	-	

Posn	Bib	Athlete/Club	Perf	
1	365	Marcio FERNANDES F44 Bedford & County AC / Cape Verde	47.89	F44

Posn	Bib	Athlete/Club	Perf	
1	351	George DAVIES City of York AC	68.46	U17



**F17 Hammer (W) "B"**

Meeting Record: 68.83m - Britney Henry (USA) 15/08/10

Posn	Bib	Athlete/Club	Perf	
1	111	Rachel HUNTER Shaftesbury Barnet Harriers	61.77	
2	140	Myra PERKINS Falkirk Victoria H	61.14	
3	147	Kimberley REED Edinburgh AC	60.82	
4	78	Shaunagh BROWN Blackheath & Bromley AC	59.84	
5	183	Laura DOUGLAS Sale Harriers Manchester	58.05	
6	134	Hayley MURRAY Birchfield Harriers	57.58	
7	102	Stephanie HENDY Trafford AC	55.00	
8	116	Rebecca KEATING Shaftesbury Barnet Harriers	51.24	
9	144	Kayleigh PRESSWELL Marshall Milton Keynes AC	48.32	
10	165	Louise WEBSTER Wolverhampton & Bilston AC	45.26	

**F18 Discus (M) "A"**

Meeting Record: 67.31m Gerd Kanter (Estonia) 15/08/10

Posn	Bib	Athlete/Club	Perf	
1	416	Gerhard MEYER Austria	59.20	
2	391	Mart ISRAEL Estonia	59.10	
3	412	Angus MCINROY Shaftesbury Barnet Harriers	55.44	
4	422	Tom NORMAN Woodford Green & Essex L	54.78	
5	462	Greg THOMPSON Shaftesbury Barnet Harriers	53.42	
6	403	Christopher LINQUE Woodford Green & Essex L	48.06	

1	329	Matt BLANDFORD U20 M Blackheath & Bromley AC	51.84	U20M
2	408	Louis MASCARENHAS U20 M Blackheath & Bromley AC	49.42	U20M

1	377	Dan GREAVES Charnwood AC	58.21	F44
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**F19 Long Jump (W) "B"**

Meeting Record: 6.63m - Jade Johnson (Herne Hill Harriers) 01/06/03

Posn	Bib	Athlete/Club	Perf	
1	178	Abigail IROZURU Sale Harriers Manchester	6.30	+0.3
2	93	Kitan ELEYAE Woodford Green & Essex L	6.07	-0.3
3	95	Lisa FERGUSON Edinburgh AC	6.06	-0.3
4	85	Gillian COOKE Edinburgh AC	5.98	-0.5
5	135	Kimberley MURRAY Woodford Green & Essex L	5.74	+0.9
6	94	Simi FAJEMISIN Oxford City AC	5.66	-0.8
7	105	Shanara HIBBERT Luton AC	5.42	+0.7
8	101	Amy HARRIS Birchfield Harriers	4.62	-1.0

1	29	Stefanie REID F44 Charnwood AC	5.12	+0.3
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1	5	Olivia BREEN F38 City of Portsmouth AC	4.08	+1.0
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1	64	Bethany WOODWARD F37 Southampton AC	3.92	-0.8
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**F20 High Jump (W) "A"**

Meeting Record: 1.90m - Isobelle Pooley (Aldershot Farnham & Dist) 10/06/12

Posn	Bib	Athlete/Club	Perf	
1	142	Isobel POOLEY Aldershot Farnham & Dist AC	1.91	CBP
2	109	Vikki HUBBARD Birchfield Harriers	1.78	
3	125	Rachael MACKENZIE Inverness Harriers AAC	1.78	
4	118	Poppy LAKE Chelmsford AC	1.74	

**F21 Triple Jump (M) "A"**

Meeting Record: 16.82m - Julian Golley (TVH) 11/06/00

Posn	Bib	Athlete/Club	Perf	
1	370	Nathan FOX Shaftesbury Barnet Harriers	16.69	+0.3
2	355	Nathan DOUGLAS Oxford City AC	16.65	+0.2
3	319	Kola ADEDOYIN Newham & Essex Beagles/Brunel Un	16.19	-1.4
4	435	Michael PUPLAMPU Newham & Essex Beagles AC	15.94	-0.0
5	425	Nonso OKOLO Shaftesbury Barnet Harriers	15.73	-1.0
6	401	Daniel LEWIS Shaftesbury Barnet Harriers	15.63	-1.8
7	471	Benjamin WILLIAMS Sale Harriers Manchester	15.57	-0.8
8	344	John CARR Shaftesbury Barnet Harriers	15.03	-0.2
9	445	Jonathan SAWYERS Windsor Slough Eton & H	14.97	-0.0
10	375	Julian GOLLEY Newham & Essex Beagles AC	NDR	

**F22 Discus (W) "A"**

Meeting Record: 60.29m - Monique Jansen (Netherlands) 15/08/10

Posn	Bib	Athlete/Club	Perf	
1	115	Sanna KAMARAINEN Finland	58.05	
2	119	Jade LALLY Shaftesbury Barnet Harriers	57.55	
3	120	Kirsty LAW Sale Harriers Manchester	55.72	
4	96	Eden FRANCIS Birchfield Harriers	53.37	
5	78	Shaunagh BROWN Blackheath & Bromley AC	51.77	
6	92	Shadine DUQUEMIN Shaftesbury Barnet Harriers	51.02	
7	132	Samantha MILNER Blackheath & Bromley AC	46.96	
8	160	Lucy UNDERDOWN Shaftesbury Barnet Harriers	46.03	

**F23 Hammer (M) "B"**

Meeting Record: 73.87m - Mark Dry (WG & EL) 10/06/12

Posn	Bib	Athlete/Club	Perf	
1	356	Mark DRY Woodford Green & Essex L	72.49	
2	473	Amir WILLIAMSON Enfield & Haringey AC	69.41	
3	330	Michael BOMBA Liverpool Harriers & AC	63.88	
4	335	Callum BROWN City of Norwich AC	63.07	
5	472	Tim WILLIAMS Gloucester AC	61.08	

1	385	Thomas HEAD U20 M Newham & Essex Beagles AC	62.61	U20
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### F24 Long Jump (M) "B"

Meeting Record: 7.93w - Gable Garenamotse (Cardiff AC) 13/06/04

Posn	Bib	Athlete/Club	Perf	
1	407	Felix MAISEY Harlow AC	7.58	+0.7
2	414	James MCLACHLAN City of Norwich AC	7.21	+0.9
3	344	John CARR Shaftesbury Barnet Harriers	7.03	+0.3
5	371	Tom FRENCH Brighton & Hove City AC	6.96	+0.2
6	413	Garry MCKAY Edinburgh AC	6.66	+0.8
7	399	Joe LAWRENCE Kent AC	5.88	+0.2
8	381	Allan HAMILTON Sale Harriers Manchester	5.69	-0.5
9	455	Adrian STAMP Woodford Green & Essex L	NDR	-0.3

1	367	Jacob FINCHAM-DUKES U20 M Leeds City AC	7.20	+0.7
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1	393	Morgan JONES F46 FDSW/Cardiff Met Uni	5.32	-0.1
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1	387	Marcel HODGE F20 Leicester Coritanian AC	5.43	-0.4
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1	489	James LEDGER F12 Cardiff Met	5.26	+2.1
	489	James LEDGER F12 Cardiff Met	5.09	+0.6

### F25 Javelin (W) "A"

Meeting Record: 60.68m - Laura Whittingham (City of Manchester) 15/08/10

Posn	Bib	Athlete/Club	Perf	
1	175	Goldie SAYERS Belgrave Harriers	59.34	
2	113	Izzy JEFFS North Devon AC	53.49	
3	167	Laura WHITTINGHAM Sale Harriers Manchester	49.88	
4	155	Rosie SEMENYTSH Sale Harriers Manchester	49.69	
5	130	Eloise MEAKINS Herts Phoenix AC	48.30	
6	164	Katy WATTS Trafford AC	46.74	
7	74	Joanna BLAIR Luton AC	45.19	
8	123	Louise LOCKWOOD Havering Mayesbrook AC	43.00	

### F26 High Jump (M) "A"

Meeting Record: 2.27m - Robbie Grabarz (NEB) 01/06/2008 & Samson Oni (Belgrave H) 01/06/2008

Posn	Bib	Athlete/Club	Perf	
1	482	Marco FASSINOTTI ITALY	2.28	CBP
2=	428	Tom PARSONS Birchfield Harriers	2.25	
2=	452	Allan SMITH Shaftesbury Barnet Harriers	2.25	
4	394	Chris KANDU Enfield & Haringey AC	2.22	
5	328	Martyn BERNARD Wakefield & District H & AC	2.22	
6	443	Matt ROBERTS Newham & Essex Beagles AC	2.22	
7	453	David SMITH Shaftesbury Barnet Harriers	2.19	
8	360	Mike EDWARDS Birchfield Harriers	2.12	

### F27 Pole Vault (W)

Meeting Record: 4.46m - Janine Whitlock (Trafford) 12/06/05

Posn	Bib	Athlete/Club	Perf	
1	99	Rachel GIBBENS Milton Keynes AC	3.65	
2	179	Jade BREWSTER Horsham Blue Star H	3.50	
3	84	Shannon CONNOLLY Thames Valley H	3.35	
5	76	Clare BLUNT Kingston Upon Hull AC	3.00	
6	180	Holly BROWN Peterborough AC	3.00	
7	124	Finja LORENTZ Bedford & County AC	3.00	

### F28 Triple Jump (W) "A"

Meeting Record: 13.80m - Trecia Smith (Saftesbury B H) 15/08/10

Posn	Bib	Athlete/Club	Perf	
1	126	Chioma MATTHEWS Blackheath & Bromley AC	13.40	-0.6
2	153	Laura SAMUEL Birchfield Harriers	13.32	-1.6
3	169	Nadia WILLIAMS Shaftesbury Barnet Harriers	13.10	-0.9
4	81	Zainab CEESAY Woodford Green & Essex L	12.95	-1.0
5	133	Nony MORDI Edinburgh AC	12.84	-0.4
6	69	Zara ASANTE Blackheath & Bromley AC	12.64	-0.6
7	72	Angela BARRETT Thames Valley H	12.56	-0.0
8	117	Caoimhe KING Birchfield Harriers	12.46	-0.2
9	166	Shakira WHIGHT Windsor Slough Eton & H	12.27	-0.2
10	145	Emma PRINGLE Gateshead Harriers	12.23	-0.0

### F29 Shot (W)

Meeting Record: 18.51m - Leija Koeman (WG & EL / Holland) 18/07/01

Posn	Bib	Athlete/Club	Perf	
1	161	Rachel WALLADER Windsor Slough Eton & H	16.76	
2	96	Eden FRANCIS Birchfield Harriers	16.59	
3	128	Sophie MCKINNA Great Yarmouth & District AC	16.27	
4	174	Kirsty YATES Edinburgh AC	15.70	
5	98	Eleanor GATRELL Woking AC	15.64	
6	78	Shaunagh BROWN Blackheath & Bromley AC	15.58	
7	150	Alison RODGER Sale Harriers Manchester	15.39	
8	138	Danielle OPARA Reading AC	14.21	

### F30 Javelin (M) "A"

Meeting Record: 80.81m - Mervyn Luckwell (Milton Keynes) 10/06/12

Posn	Bib	Athlete/Club	Perf	
1	342	James CAMPBELL Cheltenham Harriers	70.36	
2	340	Bonne BUWEMBO Enfield & Haringey AC	66.55	
3	349	Neil CROSSLEY Cheltenham Harriers	65.74	
4	389	Matthew HUNT Sale Harriers Manchester	64.92	
5	417	Greg MILLAR Birchfield Harriers	63.70	
6	397	Craig LACY Havering Mayesbrook AC	52.62	